

IN the last **48 hours** have you or anyone in your household had any of the following **symptoms**?  
(reminder we are not screening for seasonal or environmental allergies)

- Fever (temp >37.8)
- New or worsening respiratory symptoms ie cough shortness of breath or difficulty breathing, runny nose or sneezing, nasal congestion, hoarse voice, sore throat, or difficulty swallowing.
- New onset symptoms you don't normally have including but not limited to chills, muscle aches, nausea/omitting, diarrhea, loss of appetite, malaise, fatigue or weakness, loss of sense of smell loss of sense of taste or headache?

**NO:** have you or anyone in your household **tested positive for COVID 19**?

**Yes:** please notify a volunteer coordinator when you are well enough to do so. When Public Health contacts you the removes your Isolation requirements, please contact the volunteer coordinator and notify them of this date. We will be requiring you to hold off of visiting for 7 more days. Redo the assessment

**YES:** Based on this answer we are asking you not to visit with your client face to face. Following the guidance of the SHA, monitor your symptoms. When you are feeling well and 48 hours have passed, you can redo the assessment.

No: In the last 14 days have you or anyone in your household been **outside of Canada**, including the United States?

**NO:** In the last 14 days have you been identified by public health as **close contact**? Or have you had **prolonged contact with a confirmed or probable case of COVID-19**?

**YES:** Please let the volunteer coordinator know of your travel. On your return and prior to restarting your face-to-face visits please connect with the volunteer coordinator.

NO: You are able to visit in-person today, Enjoy your visit.  
IMPORTANT: you **must always wear a medical mask** when in the client's home and if transporting your client. Masks are **not** required outdoors. Practice good and **frequent hand hygiene** throughout your visit. You are encouraged to **maintain 2-meter distancing when possible**. Contact the volunteer coordinator of you have any concerns or questions 306-249-5554. Masks are available to you here on the office.